

COVID-19

INFORMATION FOR COACHES



RETURN TO TRAINING > LEVEL 2

WHAT YOU NEED TO KNOW

Coronaviruses are a type of virus that can affect humans and animals. Some coronavirus cause illness similar to the common cold and others cause more serious illness, including Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS).

All Touch Football participants including players, coaches, match officials, club officials and any other person at the venue are responsible for stopping the spread of the virus.

The following guidelines are designed to assist in understanding ways that you can help.

WHAT YOU MUST DO



Maintain attendance records



Ensure changerooms and showers are not used



Ensure toilets have soap and hand sanitiser



Be on time and aim to avoid any contact with other training sessions



Try to maintain a 1.5m distance between players on and off the field



Ensure regular breaks for hydration and hand sanitising

CAN AND CAN NOT



Non-contact skill training drills such as passing, dumping, rucking



Contact-to-contact playing skills such as making a touch are not permitted



20 participants at one time including coach*
*Coaches may only coach one squad of 9 at once. They must not work across multiple areas.



NO SPITTING permitted

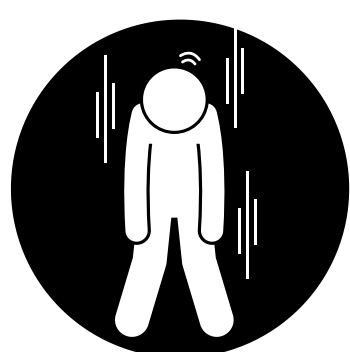
Showing the these symptoms



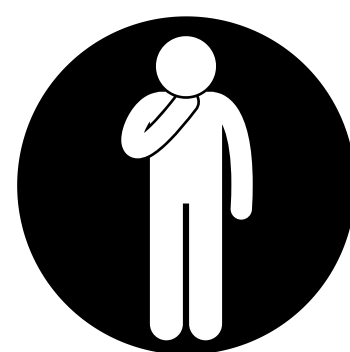
Fever



Cough



Fatigue



Sore Throat



Shortness of Breath

For more information go to www.nswtouch.com.au